

245 Lilac Street Winnipeg, MB R3M 2S2 www.cmltm.ca Phone: 204-231-0311
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Medical Laboratory Science Refresher Course List

Approved: January 2023

Courses on this list are approved for members that are eligible to practice in any of the following specialties:

- Biochemistry
- Hematology
- Histology
- Phlebotomy
- Microbiology
- Transfusion Science

Please note: This list is a summary of course information. Applicants should contact the institution offering the course(s) for the most up-to-date detailed information/registration protocols. All courses listed are available by distance education.

All refresher/update courses must have an evaluation component. The transcript **MUST** state the number of course hours.

Other courses will be considered for approval by the Board of Assessors when a request and the course outline are submitted to the CMLTM. Pre-approval is required.

Contents

CHEMISTRY	2
MICROBIOLOGY	5
HEMATOLOGY	
HISTOTECHNOLOGY	
TRANSFUSION SCIENCE/IMMUNOHEMATOLOGY	



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Institution	Outline	Duration	Cost
CSMLS	4658-21 Introduction to Ethics and Professionalism	22 hours	\$329
https://learn.csmls.	for Medical Laboratory Science		
org/topclass/search		Apr 1, 2023	
Catalog.do?catId=		July 1, 2023	
0		Oct 1, 2023	

CHEMISTRY

Institution	Outline	Duration	Cost
British Columbia	Back to Basics: Chemistry Module	Continuous	MLT Provincial Society
Society of	Water and Electrolytes	registration	member: \$399.00
Laboratory Science	Disorders of Glucose Metabolism	26 credit	Non-member: \$499.00
www.bcsls.net	Evaluation of Acid Base Status	hours	International: \$599.00
	Lipoprotein Metabolism		
	Therapeutic Drug Monitoring & Toxicology	4 months to	
	Understanding Medical Laboratory Quality	complete	
	Kidney Function Tests, Urinalysis & Urinalysis Case		
	Histories		
	Clinical Enzymology & Biomarkers of Cardiac Injury.		
	Cardiac Markers: Myocardial Infarction.		
	26 hours, DVD or online video file access, 1.0-hour		
	exam		
British Columbia	Back to Basics:	50 credit	MLT Provincial Society
Society of	Chemistry & Hematology Joint Modules	hours	member: \$599.00
Laboratory Science			Non-member: \$699.00
www.bcsls.net	50 hours, 14 DVDs, two 1 hour exams		
The Michener	CC859 Tutorials in Clinical Chemistry I	Continuous	\$450.00 (domestic)
Institute		intake	\$570.00 (international)
http://michener.ca/ce	An excellent review of several basic clinical chemistry	3.9 CEU	
_course/tutorials-	topics in the CSMLS competency profile, this		plus textbook
clinical-chemistry-	correspondence course addresses:		
online/	Proteins and electrophoresis		
	Liver function and enzyme testing		
	Renal function and urinalysis testing		
	Carbohydrates and lipid testing		
	Acid-base and electrolyte balance testing		
	Readings, graded lesson assignments, and final		
	examination online		
	NOTED: CC859 replaces the former distance		
	education course CC902. Students who have received		
	credit for CC902 cannot receive credit for CC859.		



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Institution	Outline	Duration	Cost
The Michener Institute http://michener.ca/ce course/tutorials- clinical-chemistry- ii-online/	CC860 Tutorials in Clinical Chemistry II An excellent review of several clinical chemistry topics in the Medical Laboratory Technology CSMLS competency profile, this correspondence course addresses: Hormones and pituitary function Endocrinology, including: adrenal and thyroid function Parathyroid function and calcium metabolism Therapeutic drug monitoring Toxicology testing	Continuous intake 3.9 CEU	\$450.00 (domestic) \$570.00 (international) plus textbook
	Evaluation includes online assignment and final		
The Michener Institute http://michener.ca/ce course/tutorials- clinical-chemistry- iii-online/	online examination. CC861 Tutorials in Clinical Chemistry III An excellent review of several advanced chemistry topics in the Medical Laboratory CSMLS competency profile, this correspondence course addresses: photometric measuring systems (including spectrophotometry, atomic absorption photometry, flame photometry, nephelometry, turbidimetry) electrochemical measuring systems (including ion selective electrodes, potentiometric, polarographic, amperometric, and coulometric measurement) partition and absorption chromatography electrophoresis and osmometry immunoassays.	Continuous intake 3.9 CEU	\$450.00 (domestic) \$570.00 (international) plus textbook
	Evaluation includes online assignments and final		
	online examination.		
Northern Alberta Institute of Technology http://www.nait.ca/c ourse_melt504.htm Now online	MELT504 Clinical Chemistry I (Home study) Concern yourself with the analysis of bodily fluids by focusing on the structure, function and metabolism. In a course designed specifically for MLTs and CLXTs, you'll discuss the significance of abnormal levels of chemical constituents and their relation to disease, as well as methodologies used to detect and quantify the components. Major topics covered include carbohydrates, introduction to hepatic function, renal function, electrolytes and enzymes.	50 hours Intake: Mar 1 – July 2023	\$375.00
Northern Alberta Institute of Technology http://www.nait.ca/c ourse_melt507.htm Now online	MELT507 Urinalysis (Home study) This course presents the theory and techniques for chemical testing, microscopic examination and evaluation of physical properties of urine. Correct use and care of the microscope, quality control of procedures, correlation and clinical significance of results are discussed. The last unit covers occult blood and pregnancy screening tests.	30 hours Intake: Mar 1 – June 30, 2023 May 1 – Aug 31, 2023	\$350.00 + text



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Institution	Outline	Duration	Cost
Southern Alberta Institute of Technology http://www.sait.ca/p rograms-and- courses/continuing- education/courses/ch em/clinical- chemistry-theory- refresher	CHEM-104 Clinical Chemistry Theory Refresher Get back to the basics of metabolism and function of carbohydrates, proteins, lipids, electrolytes and enzymes present in serum, urine, and other body fluids. An emphasis is placed on the clinical significance in relation to abnormal amounts in disease states. Modules plus examination	80 hours 38 weeks Intake: Mar 1 – Oct 24, 2023 Apr 4 – Nov 27, 2023 May 2 – Dec 25, 2023	\$475.00 + text
Southern Alberta Institute of Technology http://www.sait.ca/ programs-and- courses/continuing = education/courses/ uanl/urinalysis- theory	UNAL-101 Urinalysis Theory This course covers the anatomy and physiology of the urinary system, as well as chemical and microscopic identification procedures used in performing routine urinalysis.	18 hours Feb 6 – Aug 6, 2023 Mar 6 – Sep 3, 2023 Apr 3 – Oct 1, 2023 May 1 – Oct 20, 2023 June 15 – Dec 3, 2023	\$335.00
Southern Alberta Institute of Technology http://www.sait.ca/p rograms-and- courses/continuing- education/courses/ch em/analytical- chemistry-theory	CHEM-102 Analytical Chemistry Theory Exposure to various laboratory analytical principles used to analyze specimens in the clinical laboratory including spectrophotometry, reflectance photometry, chromatography, osmometry, electrophoresis, immunochemistry, general electricity, electrodes and basic automation.	48 hours 26 weeks Feb 6- Aug 6, 2023 May 6 - Sep 3, 2023 Apr 3 - Oct 1, 2023 May 1 - Oct 29, 2023 Jun 5 - Dec 3, 2023	\$360.00



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MICROBIOLOGY

Institution	Outline	Duration	Cost
The Michener Institute	MI905 Tutorials in Microbiology	Continuous	\$715.00
	Designed for technologists seeking	intake	(domestic)
http://michener.ca/ce_cours	microbiology certification and those working		
e/tutorials-microbiology-	in a multidisciplinary environment, this	5 CEU	\$929.00
online/	correspondence course provides a		(international)
	comprehensive review of medical		
Online	microbiology.		
	Course objectives:		
	Identify commonly isolated bacterial		
	pathogens found in the majority of clinical		
	specimens		
	Review basic microbiological and bacterial		
	physiology		
	Understand the theory and use of gram		
	staining		
	Discuss the correct use of various media		
	Differentiate and identify commonly		
	isolated bacterial pathogens		
	Online assignments plus final online		
	examination		
Southern Alberta	MBIO-102 Clinical Microbiology Theory	88 hours	\$475.00
Institute of Technology	Refresher	32 weeks	
http://www.sait.ca/program	This course reviews the basic concepts of	Intake:	
s-and-courses/continuing-	bacterial anatomy and physiology followed by	Mar 1 – Oct 10, 2023	
education/courses/mbio/clin	detailed methods of staining and identification	Apr 4 – Nov	
<u>ical-microbiology</u>	by culture. Areas of clinical significance	8, 2023	
	studied are: normal flora and the most common	May 2 – Dec	
	pathogens isolated from the urogenital tract,	25, 2023 Jun 6, 2023 –	
	respiratory tract, gastrointestinal tract, eye/ear,	Jan 1, 2024	
	cardiovascular and central nervous systems,	,	
	and skin/wound/soft tissue sites. Emphasis will		
	be on isolation and identification of clinically		
	significant microorganisms. There will also be		
	an introduction to mycology, parasitology, and		
	antimicrobial susceptibility testing including		
	the spectrum of the major drug groups and		
	their pathophysiology; commonly isolated		
	anaerobes and their clinical significance; and miscellaneous uncommon pathogens and their		
	clinical significance.		
	Cinical Significance.		
	Modules plus examination.		
	modules plus examination.		



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Institution	Outline	Duration	Cost
Canadian Society for	4920-14 Microbiology Refresher 1: Basic	Intake	\$329.00
Medical Laboratory	Principles of Microbiology	Jan 2023	
Science		12 Weeks	
https://learn.csmls.org/to	Refresh your theory and knowledge of key		
pclass/searchCatalog.do?	principles and procedures in microbiology.		
catId=0			
	23 PEP hours, on-line, exam		
1-800-263-8277			
Canadian Society for	4921-15 Microbiology Refresher 2:	Intake -	\$329.00
Medical Laboratory	Microbial Identification and Susceptibility	Sept. 1, 2023	
Science	Testing	12 Weeks	
https://learn.csmls.org/to		a	
pclass/searchCatalog.do?	Refresh your theory and knowledge of key	Continuation of course	
catId=0	principles and procedures in microbiology.	4920-14	
1-800-263-8277	23 PEP hours, on-line, exam		



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HEMATOLOGY

Institution	Outline	Duration	Cost
British Columbia Society	Back to Basics: Hematology Module	24 credit	MLT Provincial
of Laboratory Science	White Blood Cells	hours	Society member:
	Red Blood Cells		\$399.00
www.bcsls.net	Coagulation	4 months to	Non-member:
	Body Fluids	complete	\$499.00
	Platelets and Miscellaneous Tests		
	Quality Assurance		
	Online video or 6 DVDs. 1.0 hour exam		
British Columbia Society	Back to Basics: Chemistry & Hematology	50 hours	MLT Provincial
of Laboratory Science	Joint Modules		Society member:
			\$599.00
www.bcsls.net	14 DVDs, two 1.0-hour exams		Non-member:
			\$699.00
Southern Alberta	HEMA-001 Hematology	80 hours	\$475.00
Institute of Technology	Hematology provides an introduction to the	34 weeks	
	composition and function of blood cells,		
	hematopoiesis, erythrocyte and leukocyte	Apr – Dec	
	metabolism, production and destruction,	2023	
	classification of anemias and leukemias,		
	etiology and laboratory findings. Mechanisms		
	and tests of hemostasis in normal versus		
	patients with hemorrhagic or thrombotic		
	diseases are also studied.		
The Michener Institute	HE837 Tutorials in Hematology &	Continuous	\$715.00
http://michener.ca/ce_cours	Coagulation	enrollment	(domestic)
e/tutorials-hematology-	Refresher course in hematology	5.5 CEU	
coagulation-online/	Hemostasis and an introduction to thrombosis		\$929.00
	Introduction to thrombosis and anticoagulant		(international)
	therapy		
	Disorders of plasma clotting factors		plus textbook
	Quantitative and qualitative platelet disorders		
	and vascular disorders		
	Chronic myeloproliferative disorders		
	Chronic leukemia and related		
	lymphoproliferative disorders		
	Myelodysplastic syndromes		
	Hemolytic anemias		
	Laboratory techniques related to clinical		
	hematology and coagulation		
	Online tests, final online exam		
	Onnie tests, final Onnie exam		



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HISTOTECHNOLOGY

Institution	Outline	Duration	Cost
CSMLS	Paraffin Tissue Processing 9822-08	Continuous	\$99.00
https://learn.csmls.org/topcl	Meticulous embedding of tissues ensures	registration.	
ass/browse.do?c=1382	sections are accurate representations and	Work at your	
	directly impacts the examination and	own pace;	
	interpretation of specimens. You will review	must complete	
	the basics on the theory and mechanisms of	course within	
	paraffin tissue processing, including	12 months of	
	dehydration, clearing, infiltration,	registration.	
	decalcification and general processing.	10 PEP Hours	
	Improve your problem solving skills as you		
	learn to detect and correct processing errors		
	and deal with disposal of clearing agents and		
	hazards of clearing agents.		
The Michener Institute	HI901 Tutorials in Histology	Continuous	\$715.00
http://michener.ca/ce cours	An excellent review of all aspects of	intake	(domestic)
e/tutorials-histology-online/	histotechnology theory, this course covers:	5.5 CEU	фо 2 0 00
	Microanatomy		\$929.00
	Routine tissue preparation techniques		(international)
	General principles of staining		1
	Special techniques and staining methods		plus textbook
	Online assignments plus online examination		
Southern Alberta	MEDL-102 – Histology	48 hours	\$475.00
Institute of Technology	Histology is the study of the microscopic	26 weeks	
	structure of tissues. This course will reinforce		
	your knowledge of preparing tissue sections	Apr 4 – Oct 2,	
	from clinical specimens including gross	2023 May 2 – Oct 30,	
	dissection, fixation, decalcification, processing,	2023	
	embedding, microtomy and cryotomy.	Jun 6 – Dec 4,	
	Histology learning and discussion topics	2023	
	include general staining techniques used to	July 14 – Jan 1,	
	demonstrate cellular and non-cellular	2024	
	components in tissue sections; the functional		
	classification of cells and tissue arrangements;		
	and a description of the microanatomical		
	structure of the major organs of the body.		



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TRANSFUSION SCIENCE/IMMUNOHEMATOLOGY

Institution	Outline	Duration	Cost
Canadian Society for	Transfusion Medicine Refresher Course	45 Weeks	\$524.00
Medical Laboratory	4336-20	45 PEP hours	
Science	Build upon your initial education in		
https://learn.csmls.org/	immunohematology and to explore the	Mar 2023	
and search title of course	concepts of immunology, serology and	Sept 2023	
	hematology which relate to transfusion		
	practice. You will use a self-directed learning		
	approach, which is the natural learning process		
	for adults, as you achieve the clear objectives		
	set down in this course and make use of the		
	many assembled resources to support your		
	studies.		
The Michener Institute	IH903 Tutorials in Transfusion Science	Online course	\$715.00
http://michener.ca/ce_cours	This online course consists of self-study	Continuous	(domestic)
<u>e/tutorials-transfusion-</u>	modules, covering all aspects of Transfusion	intake	
science-online/	Science theory including:	5 CEU	\$929.00
	Immunology		(international)
	Major blood group systems		
	Antibody investigation		
	Compatibility testing		
	Blood component therapy		
	Transfusion hazards		
	Quality control		
	Hemolytic disorders (HDN, WAIHA, CHD,		
	DIHA)		
	Online assignments, final online exam		
Northern Alberta	MELT521; Immunology	24 Hours	\$325.00
Institute or Technology	Introduces the student to the concepts of	24 Hours	\$323.00
http://www.nait.ca/course_	immunity and the immune response. Discover		
melt521.htm	mechanisms that the body uses to defend		
men321.nun	against infectious agents as well as immune		
Name Ouline	responses in hypersensitivity, autoimmunity,		
Now Online	transplantation and tumor growth.		
Southern Alberta	MEDL - 104 Transfusion Medicine Theory	48 hours	\$475.00
Institute of Technology	Refresher	26 weeks	φ+13.00
institute of Technology	Transfusion Medicine provides the theory	20 WEEKS	
	required to perform basic techniques to detect	Continuous	
	antigen-antibody reactions, ABO forward and	Registration	
	reverse grouping and Rh phenotyping,	Registration	
	antiglobulin testing and antibody identification.		
	Topics covered also include quality systems		
	implemented in the blood bank and how to		
	problem-solve ABO discrepancies.		
	16 lecture modules + 2 lab modules 3		
	examinations		
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Institution	Outline	Duration	Cost
Northern Alberta	TRAM101 – Fundamentals of Blood	Online Course	\$475.00 plus
Institute of Technology	Product Management		textbook
https://www.nait.ca/nait/co	Selecting, tagging and issuing blood	Intake	
ntinuing-	components or products for transfusion can	May 9 – July	
education/courses/tram101-	save a patient's life, that is, when it is the	17, 2023	
transfusion-medicine	correct product administered to the correct		
	recipient. Examine how blood group systems		
	and processes used in transfusion medicine		
	impact the process, which starts with a		
	collection of a suitable specimen for		
	pretransfusion testing and ends with		
	transfusion of the best product for optimal		
	benefit. Explore adverse reactions to		
	transfusion, including causes of hemolytic		
	transfusion reactions (HTR) and identify		
	immediate responses for patient care. Discuss		
	basic concepts pertaining to Hemolytic Disease		
	of the Fetus and Newborn (HDFN).		
Northern Alberta	TRAM201 – Pretransfusion Testing and	Online Course	\$475.00
Institute of Technology	Basic Investigative Techniques		
https://www.nait.ca/nait/co	Prerequisite: TRAM101	Intake	
ntinuing-	This course builds on TRAM101, using the	May 9 – July	
education/courses/tram201-	foundations of ABO and Rh blood group	17, 2023	
pretransfusion-testing-and-	systems to interpret pretransfusion test results		
<u>basic-investi</u>	and select appropriate donor red cells for		
	transfusion. You will examine how other blood		
	group systems may influence pretransfusion		
	test results and donor selection, as well as		
	methodologies used to perform serological		
	testing. Discuss investigative techniques and		
	procedures pertaining to pre and postnatal care,		
	Hemolytic Disease of the Fetus and Newborn		
	(HDFN) and Hemolytic Transfusion Reactions.		