



CMLTM # : _____
First name: _____
Last name: _____

5 year date range: _____ to _____

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Continuing Competency Program Activities Log Sheet

Category 4. Professional Activities – Work related activities (not tied to position)

Date	Description of Activity (e.g. Type of activity, location, relation to your work)	Time (in hours)	Credit Value ¹

¹ See Credit Guide for allotted credit value.



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Continuing Competency Program Activities Log Sheet

Category 5. Non-work related activities – Activities with an opportunity to learn transferable skills.

	Date	Description of Activity (e.g. Location, type, transferable skills learned)	Credit Value
Activities with no formal evaluation ¹			
Non-work related formally evaluated courses ²			

¹ These activities earn a total of 0.1 credits per year in which participation took place.

² Submit non-previously evaluated courses for credit value.